

Our primary goal at NOMS Migraine Center is to provide our patients with an individualized medical plan to effectively treat their headaches.

Treatment includes analysis of the patient's lifestyle and establishing a plan to eliminate or control their migraines.

Meet Our Provider



Nurse Practitioner

Karen Steffey, CNP

Details

- New Patient Referrals Welcome
- Easy Access From I-271
- Free Parking
- Most Major Insurances Accepted
- Patient Centered, Individual Care
- Prompt Response Time to Needs That Arise Between Appointments
- No Facility Fee

Hours

Monday	8 am - 5 pm
Tuesday	8 am - 5 pm
Wednesday	8 am - 5 pm
Thursday	8 am - 6 pm
Friday	8 am - 5 pm

Closed Saturday & Sunday



MIGRAINE CENTER



TAKE CONTROL OF YOUR HEAD PAIN

440.442.6000

29001 Cedar Road, Suite 201
Lyndhurst, OH 44124

nomshealthcare.com

Specialized Treatment For:

- Chronic Migraine
- Episodic Migraine
- Tension Headaches
- Sinus Triggered Headaches
- Other primary headache disorders

Are you **MISSING** out on family events? Your children's activities?

Do you **SKIP** work because of your headaches?

Are you **AFRAID** to schedule social engagements or appointments for fear you will need to cancel because of your headaches?

If the answer is yes, it may be time to have your headaches evaluated by a **Neurologist.**

What is a Migraine?

A migraine is **NOT** just a headache!

A migraine is severe, debilitating head pain that may be accompanied by sensory changes such as flashes of light, blind spots, tingling in the arms and legs, nausea, vomiting, sensitivity to light and noise.

The excruciating pain of a migraine can last for hours or even days. Migraines are considered chronic when they occur greater than 15 days per month for more than three months.

Treatment Modalities Include:

- Botox Injections
- Medication Management
- Physical Therapy
- CGRP
- Trigger Point Injections
- Occipital Nerve Blocks
- Migraine Surgery

NOMS Migraine Center works closely with area internists, ENT Physicians, physical therapists, TMJ specialists and wellness centers in order to provide the most comprehensive care.

CALL FOR A CONSULTATION:

440.442.6000

